

# INSPIRATION TV

**“Love of God” (Randy Brodhagen) Saturday 7pm US Eastern and 19:00 UK**

## How To Watch Inspiration TV Across Different Regions EST & GMT

Region	City/Province	When
United States	Miami, FL	Saturday 7:00 PM US EST
Canada (Toronto, Ontario)	Toronto, Canada	Saturday 7:00 PM US EST
Jamaica	Kingston	Saturday 7:00 PM US EST
Trinidad/Tobago	Port of Spain	Saturday 8:00 PM US AST
Australia	Sydney, Australia	Sunday 11:00 AM AEDT
New Zealand	Auckland, NZ	Sunday 1:00 PM NZDT
Asia	Singapore	Sunday 8:00 AM SGT
Philippines	Manila	Sunday 8:00 AM PHT
India	New Delhi	Sunday 5:30 AM IST
China	Beijing	Sunday 8:00 AM CST

UK	London, England	Saturday 19:00 GMT
Europe	Various	Saturday 20:00 CET
Nigeria	Lagos	Saturday 20:00 WAT
Kenya	Nairobi	Saturday 22:00 EAT
Russia	Moscow	Saturday 22:00 MSK
South Africa	Johannesburg	Saturday 21:00 SAST
Israel	Jerusalem	Saturday 21:00 IST
Middle East	Yemen	Sunday 22:00 AST
Pakistan	Islamabad	Saturday 24:00 PKT

Please note EST and GMT times do not reflect Daylight Savings Time (EDT,BST) Daylight Savings Time impacts many countries during various parts of the year. The UK and US Eastern viewing will always be at 7:00 PM, whether the time zones are in Standard Time or Daylight Savings Time (ex. EST, EDT or GMT, BST)

## How To Watch Inspiration TV Across Different Regions EDT & BST

Region	City/Province	When
United States	Miami, FL	Saturday 7:00 PM US EDT
Canada (Toronto, Ontario)	Toronto, Canada	Saturday 7:00 PM US EDT
Jamaica	Kingston	Saturday 6:00 PM EST
Trinidad/Tobago	Port of Spain	Saturday 7:00 PM AST
Australia	Sydney, Australia	Sunday 9:00 AM AEST
New Zealand	Auckland, NZ	Sunday 11:00 AM NZST
Asia	Singapore	Sunday 7:00 AM SGT
Philippines	Manila	Sunday 7:00 AM PHT
India	New Delhi	Sunday 4:30 AM IST
China	Beijing	Sunday 7:00 AM CST

UK	London, England	Saturday 19:00 BST
Europe	Various	Saturday 20:00 CEST
Nigeria	Lagos	Saturday 19:00 WAT
Kenya	Nairobi	Saturday 21:00 EAT
Russia	Moscow	Saturday 21:00 MSK
South Africa	Johannesburg	Saturday 20:00 SAST
Israel	Jerusalem	Saturday 21:00 IST
Middle East	Yemen	Sunday 21:00 AST
Pakistan	Islamabad	Saturday 23:00 PKT